

## Berry Lite

EASY WAY TO STAY SLIM AND HEALTHY

ENJOY SMOOTH DIGESTION THE BERRY WAY

## Unique Formulation



Japanese patented

strawberry polyphenol



Acerola cherry extract



Alginate fiber

Green tea extract (containing catechin EGCG) Cassia seed extract Vitamin C

- $\checkmark$ Japan patented strawberry polyphenols, restore normal digestive functions, help promote metabolism, regulate physiological functions.
- Seaweed gum contains water-soluble fiber, which helps  $\checkmark$ maintain the function of the digestive tract and make bowel movements smoother.
- Acerola cherries are rich in vitamin C, which helps keep skin youthful and plump.
- Among the catechins in green tea, epigallocatechin gallate  $\checkmark$ (EGCG) is the most researched and thought to provide the most health benefits.
- Cassia seed extract is effective to help ailments related to vision, hypertension, digestion and intestines.
- Vitamin C is one of the most effective nutrients, help against immune system deficiencies, skin wrinkling etc.

# Patented strawberry polyphenol



Developed by Professor Ota Tomihisa of Kanaza wa University, strawberry polyphenol is one of the

popular slimming ingredients in the Japanese market. It is patent in Japan, patent no. 4813041 and it's safety is confirmed by a 28-day oral toxicity test. Strawberry polyphenol contains pectin and dietary fibre that can restore normal digestive functions, make bowel movements smoother and ultimately, help you maintain a slim figure.

### Superior product stability



Method: Dissolve strawberry polyphenols in water and heat treatment (110°C, 60 minutes), and then measure the residual polyphenols by Folin-Denis method.

Result: The concentration of polyphenols did not change after heat treatment for 1 hour, so its heat resistance is good!

slons	1.2 1.0	Duration: 4 mths Temp: 40°C						
Residual rate of polyphenols								
	0.8							
	0.6							
	0.4							
lua	0.2							
SS:	0.0							
Å	0.0	0 mth 1 mth 4 mth						

Method: Strawberry polyphenols were stored at 40°C. After the 0, 1, and 4 months, the residual rate of polyphenols was measured by Folin-Denis method.

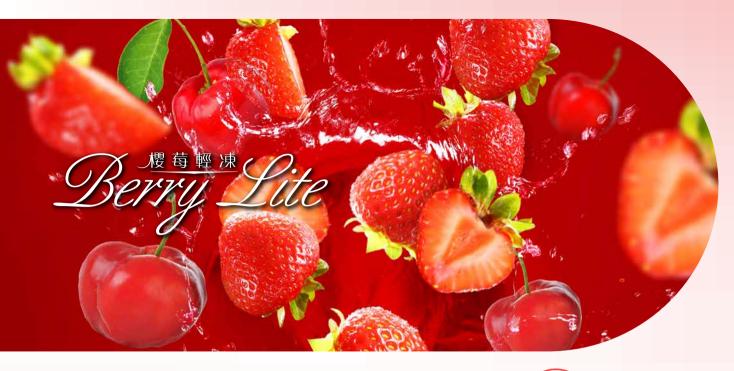
**Result:** When stored at 40°C for 4 months, the concentration of strawberry polyphenols has not changed, so its tolerance is good!

1 Hour (%) 20.0 18.0 16.0 14.0 12.0 10.0 8.0 6.0 4.0 2.0 Distillation Sprav Freeze drvina dried method method (Berry Lite) method

Residual rate of polyphenols

Method: Quercetin was used to quantify the concentration of polyphenols in strawberry polyphenols processed by different processes. The test samples were added to Folin-Denis reagent 10% Na2C03, and the absorbance was measured at 760nm after 1 hour.

Result: Compared with general spray-dried or freeze-dried products, our products have a higher polyphenol concentration!







EASY WAY TO STAY SLIM AND HEALTHY ENJOY SMOOTH DIGESTION THE BERRY WAY

> Recommended intake 1 sachet every other day for adults Drink plenty of water after taking. Works best between 14:00-15:00 Drink at least 2,000cc of water a day

> > Suitable for

People who regularly eat out or consume high-calorie food People suffering from constipation People with busy lifestyle

### Caution

Not suitable for infants, pregnant and lactating women and people with peptic ulcer. People suffering from special illnesses should consult their doctors. This food is in gel form, please chew before eating.

#### Gentle reminder

Bowel movements usually occur around 6 - 8 hours after intake. Frequency varies between Individuals. Factor in the meal times as well.





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